

Plants of Cap Rock Preserve [Larimer Co(s), Colorado]

Observed on CONPS fieldtrip, 5/21/1994 to 5/21/1994
 Leader(s): Terri Schulz; Recorder(s); Keith & Terri Schulz

<u>Scientific Name</u>	<u>Synonym</u>	<u>Common Name</u>
1. <i>Acer glabrum</i>		Mt. maple
2. <i>Achillea lanulosa</i>	(<i>A. millefolium</i> ssp. <i>lanulosa</i>)	Yarrow
3. <i>Aletes humilis</i>		Larimer aletes
4. <i>Amelanchier alnifolia</i>	(<i>A. pumila</i>)	Serviceberry, common shadbush
5. <i>Amerosedum lanceolatum</i>	(<i>Sedum lanceolatum</i>)	Stonecrop
6. <i>Androsace septentrionalis</i>		Northern rock primrose
7. <i>Antennaria parvifolia</i>		Mt. pussytoes
8. <i>Antennaria rosea</i>		Pink pussytoes
9. <i>Arctostaphylos uva-ursi</i> ssp. <i>coactillis</i>		Kinnikinick
10. <i>Arnica cordifolia</i>		Heartleaf arnica
11. <i>Astragalus parryi</i>		Parry milkvetch
12. <i>Atragene occidentalis</i>	(<i>Clematis occidentalis</i> var. <i>grosseserrata</i>)	Blue clematis
13. <i>Besseya wyomingensis</i>	(<i>Synthris wyomingensis</i>)	WY kittentails or besseya
14. <i>Boechera lignifera</i>	(<i>Arabis lignifera</i>)	Rock-cress
15. <i>Calypso bulbosa</i>		Fairy slipper
16. <i>Chamerion danielsii</i>	(<i>Epilobium angustifolium</i>)	Fireweed
17. <i>Claytonia</i> sp		Sprinbeauty
18. <i>Collinsia parviflora</i>		Blue-eyed Mary
19. <i>Corydalis aurea</i>		Golden smoke
20. <i>Cystopteris fragilis</i>		Brittle-fern
21. <i>Draba nemorosa</i>		Woods / woodland draba
22. <i>Drymocallis fissa</i>	(<i>Potentilla fissa</i>)	Leafy potentilla
23. <i>Erigeron compositus</i>		Cutleaf daisy
24. <i>Erysimum asperum</i>		Western wallflower
25. <i>Fragaria vesca</i> ssp. <i>bracteata</i>	(<i>F. americana</i>)	Wild strawberry
26. <i>Galium</i> sp		
27. <i>Geranium</i> sp		
28. <i>Harbouria trachypleura</i>		Whiskbroom parsley
29. <i>Heuchera bracteata</i>		Bracted alum-root
30. <i>Heuchera parvifolia</i> var. <i>nivalis</i>		Common alum-root
31. <i>Jamesia americana</i>		Waxflower
32. <i>Juniperus communis</i> ssp. <i>alpina</i>		Common juniper
33. <i>Leucopoa kingii</i>	(<i>Festuca kingii</i>)	Spike fescue
34. <i>Lonicera</i> sp		Honeysuckle
35. <i>Maianthemum stellatum</i>	(<i>Smilicina stellata</i>)	False solomon's seal
36. <i>Mertensia ciliata</i>		Tall chiming bells or bluebells
37. <i>Mertensia lanceolata</i>	(incl. <i>M. viridis</i>)	Chiming bells, bluebells
38. <i>Micranthes rhomboidea</i>	(<i>Saxifraga rhomboidea</i>)	Snowball saxifrage
39. <i>Mimulus breweri</i>		Brewer's monkeyflower
40. <i>Muhlenbergia</i> sp		

Short but strenuous hike to see high quality shrubland & grassland communities
 presettlement foothills vegetation, including rare plant, *Aletes humilis*.

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41. <i>Opuntia sp</i>		
42. <i>Penstemon virens</i>		Blue-mist or greenleaf penstemon
43. <i>Phacelia heterophylla</i>		Scorpion-weed
44. <i>Pinus ponderosa ssp. scopulorum</i>		Ponderosa pine
45. <i>Poa fendleriana</i>		Muttongrass
46. <i>Populus tremuloides</i>		Aspen
47. <i>Prunus americana</i>		Wild plum
48. <i>Pseudocymopterus montanus</i>	(<i>Cymopterus lemmonii</i>)	Yellow mt. parsley
49. <i>Pseudotsuga menziesii</i>		Douglas-fir
50. <i>Purshia tridentata</i>		Bitterbrush
51. <i>Ranunculus glaberrimus var. ellipticus</i>		Sagebrush buttercup
52. <i>Ribes cereum</i>		Squaw or wax currant
53. <i>Ribes lacustre</i>		Swamp black currant
54. <i>Rosa woodsii</i>		Woods rose
55. <i>Rubus idaeus ssp. melanolasius</i>		Red raspberry
56. <i>Sabina scopulorum</i>	(<i>Juniperus scopulorum</i>)	Red-cedar, Rocky Mt. juniper
57. <i>Scutellaria brittonii</i>		Skullcap
58. <i>Senecio integerrimus</i>		Lamb's tongue groundsel
59. <i>Swertia sp</i>		
60. <i>Symphoricarpos sp</i>		Snowberry
61. <i>Thermopsis divaricarpa</i>		Golden banner
62. <i>Urtica gracilis</i>	(<i>U. dioica</i>)	Stinging nettle
63. <i>Vaccinium sp</i>		huckleberry
64. <i>Viola nuttallii</i>		Nuttall violet
65. <i>Viola scopulorum</i>	(<i>V. canadensis var. canadensis</i>)	